

## DELI DEPARTMENT

### 2025 HOLIDAY MEAL COMPONENT INGREDIENTS

**MARY'S FULLY COOKED ALL NATURAL NAE WHOLE TURKEY:** TURKEY, WATER. CONTAINS LESS THAN 2% OF: SEA SALT, ORGANIC CANE SUGAR.

**MARY'S FULLY COOKED ALL NATURAL NAE WHOLE ORGANIC TURKEY:** TURKEY, WATER. CONTAINS LESS THAN 2% OF: SEA SALT, ORGANIC CANE SUGAR.

**SPROUTS SPIRAL-SLICED NAE UNCURRED HAM:** WATER, SALT, VINEGAR, TURBINADO SUGAR, CULTURED CELERY POWDER, SEA SALT. GLAZE PACKET: HONEY, SUGAR, SPICES.

**USDA CHOICE GRASS-FED BONELESS BEEF RIB ROAST W/ AU JUS:** WATER, BEEF, RED WINE (CONTAINS SULFITES), VEGETABLE SEASONING (VEGETABLES (CARROT, CELERY, ONION), YEAST EXTRACT, SALT, CANE SUGAR, DRIED POTATO, NATURAL FLAVOR, ONION POWDER, SPICE EXTRACTIVES (OLEORESIN BLACK PEPPER, OLEORESIN CELERY)), CORN STARCH, UNSALTED BUTTER (PASTEURIZED CREAM, NATURAL FLAVORS), DARK BROWN SUGAR, GARLIC, SEA SALT, BEEF STEAK SEASONING (SALT, SUGAR, NATURAL FLAVOR, MODIFIED CORN STARCH, ONION POWDER, CARAMELIZED SUGAR, YEAST EXTRACT, GARLIC POWDER, SPICE, SUNFLOWER OIL, SILICON DIOXIDE (ANTI-CAKING)), THYME, ROSEMARY, BLACK PEPPER.

**BONELESS NAE TURKEY BREAST:** TURKEY BREAST, TURKEY BROTH, CONTAINS 2% OR LESS OF SALT, SUGAR, VINEGAR. BROWNED IN OIL.

**VEGAN BUTTERNUT SQUASH LASAGNA:** VEGAN LASAGNA PASTA SHEETS (DURUM FLOUR, WATER, WHEAT GLUTEN, SEA SALT), WATER, BUTTERNUT SQUASH, FIRE ROASTED DICED TOMATOES (TOMATOES, TOMATO JUICE, SALT, CALCIUM CHLORIDE, CITRIC ACID), MOZZARELLA SHREDS (DAIYA OAT CREAM BLEND (WATER, GLUTEN-FREE OAT FLOUR, PEA PROTEIN), TAPIOCA STARCH, COCONUT OIL, EXPELLER PRESSED SAFFLOWER OIL, CALCIUM PHOSPHATE, LESS THAN 2 PERCENT OF: CORN STARCH, YEAST EXTRACT, SALT, DEXTROSE, LACTIC ACID, NATURAL FLAVORS), SALSA STYLE DICED TOMATOES (TOMATOES, SALT, CALCIUM CHLORIDE), COCONUT MILK (COCONUT, WATER), ROASTED RED TOMATOES (TOMATOES, CANOLA OIL, GARLIC, ORGANIC VINEGAR, SALT, SPICES), GREEN LENTILS, ONIONS, CRUSHED TOMATOES (TOMATOES, SALT), SEA SALT, PAN OIL (NON-GMO CANOLA OIL, MINERAL OIL, AND SUNFLOWER LECITHIN), CORNSTARCH, SPICES, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BLENDED NON-GMO CANOLA/ EXTRA VIRGIN OLIVE OIL 75/25 (EXPELLER PRESSED NON-GMO CANOLA OIL, EXTRA VIRGIN OLIVE OIL), EXPELLER PRESSED NON-GMO CANOLA OIL, YEAST FLAKES (INACTIVE DRY YEAST, NIACIN, PYRIDOXINE HYDROCHLORIDE, THIAMIN HYDROCHLORIDE, RIBOFLAVIN, FOLIC ACID, CYANOCOBALAMIN (B12 PRODUCED BY NATURAL FERMENTATION - NOT SYNTHETIC OR ANIMAL SOURCE)), SAGE, VEGETABLE EXTRACT (ONION, LEEK, CELERIAC, CELERY, CARROT, TOMATO, POTATO, PARSLEY, GARLIC, BAY LEAF, ROSEMARY EXTRACT), ONION POWDER, GARLIC, GARLIC POWDER, SUGAR, XANTHAN GUM, LEMON JUICE, ONION MINCED (DEHYDRATED ONIONS), ITALIAN SEASONING (BASIL, OREGANO, ROSEMARY, PARSLEY, THYME), CITRIC ACID, BAKER'S YEAST EXTRACT, CAYENNE PEPPER. CONTAINS: WHEAT.

**SPROUTS YUKON GOLD MASHED POTATOES:** COOKED YUKON GOLD POTATOES (YUKON GOLD POTATOES, WATER), WHOLE MILK, BUTTER (SWEET CREAM [MILK], SALT), SALT, NATURAL FLAVOR, NISIN PREPARATION (SALT, NISIN [A NATURAL ANTIMICROBIAL]). CONTAINS: MILK.

**SPROUTS HOMESTYLE STUFFING:** WATER, CROUTONS (ENRICHED WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, YEAST, SALT), CELERY, ONION, BUTTER (SWEET CREAM [MILK], SALT), CHICKEN FAT (CHICKEN FAT, EXTRACT OF ROSEMARY [NATURAL FLAVORING]), CHICKEN FLAVOR (CHICKEN BROTH, SALT, CHICKEN FLAVOR [CHICKEN FAT, FLAVOR], MODIFIED POTATO STARCH), MODIFIED CORN STARCH, CULTURED DEXTROSE AND MALTODEXTRIN TO PROTECT FLAVOR, VEGETABLE BASE (COOKED VEGETABLES [CARROT, ONION, AND CELERY], SALT, SUGAR, CORN OIL, POTATO FLOUR, NATURAL FLAVOR, MALTODEXTRIN, CARROT POWDER), ROASTED TURKEY CONCENTRATE (ROASTED TURKEY INCLUDING NATURAL TURKEY JUICES, YEAST EXTRACT, SALT, POTATO FLOUR, NATURAL FLAVOR), CHICKEN BASE (CHICKEN INCLUDING NATURAL CHICKEN JUICES, SALT, CHICKEN FAT, SUGAR, YEAST EXTRACT, MALTODEXTRIN [FROM CORN], DRIED WHEY [MILK], NATURAL FLAVOR, TURMERIC), SAGE, DEHYDRATED PARSLEY, BLACK PEPPER, DEHYDRATED GARLIC, SALT, TURMERIC (COLOR), NATAMYCIN AS AN ANTIMICROBIAL, CELERY SEED. CONTAINS: MILK, WHEAT.

**SPROUTS HOMESTYLE GRAVY:** WATER, MODIFIED CORN STARCH, CHICKEN FAT (CHICKEN FAT, EXTRACT OF ROSEMARY [NATURAL FLAVORING]), HEAVY CREAM (CREAM, FAT FREE MILK), CHICKEN BROTH BASE (CHICKEN BROTH, YEAST EXTRACT, VEGETABLE JUICE CONCENTRATES [CARROT, CELERY, ONION], SALT, CHICKEN FAT, NATURAL FLAVOR), CHICKEN BASE (CHICKEN INCLUDING NATURAL CHICKEN JUICES, SALT, CHICKEN FAT, SUGAR, YEAST EXTRACT, MALTODEXTRIN [FROM CORN], DRIED WHEY [MILK], NATURAL FLAVOR, TURMERIC), ENRICHED WHEAT FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ROASTED TURKEY CONCENTRATE (ROASTED TURKEY INCLUDING NATURAL TURKEY JUICES, YEAST EXTRACT, SALT, POTATO FLOUR, NATURAL FLAVOR), VEGETABLE BASE (COOKED VEGETABLES [CARROT, ONION, AND CELERY], SALT, SUGAR, CORN OIL, POTATO FLOUR, NATURAL FLAVOR, MALTODEXTRIN, CARROT POWDER), BOILED SUGAR, SALT, SAGE, BLACK PEPPER, NISIN PREPARATION (SALT, NISIN [A NATURAL ANTIMICROBIAL]). CONTAINS: MILK, WHEAT.

**SPROUTS CRANBERRY SAUCE:** CRANBERRIES, SUGAR, WATER.

**SPROUTS PLANT BASED CORNBREAD STUFFING:** WATER, CORNBREAD CROUTON (ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], CANOLA AND/OR SUNFLOWER OIL [WITH ROSEMARY EXTRACT AND ASCORBIC ACID {TO PRESERVE FRESHNESS}], CORNMEAL, WHEAT GLUTEN, YEAST, SUGAR, SALT), OLIVE OIL, CELERY, YELLOW ONION, YELLOW CORN, SUGAR, VEGETABLE BASE (VEGETABLES [CARROT, CELERY, ONION], SALT, ORGANIC MALTODEXTRIN, EVAPORATED CANE JUICE, SUNFLOWER OIL, NATURAL FLAVOR, TURMERIC), SEA SALT, GROUND SAGE, GROUND BAY LEAF, BLACK PEPPER. ALLERGEN: WHEAT.

**SPROUTS PLANT BASED SWEET POTATO CASSEROLE:** SWEET POTATOES, WATER, BROWN SUGAR, WHITE SUGAR, OLIVE OIL, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SEA SALT, CULTURED DEXTROSE, CINNAMON, DRY MOLASSES (MOLASSES, MALTODEXTRIN), GROUND GINGER, NUTMEG. ALLERGEN: WHEAT.

**SPROUTS PLANT BASED GREEN BEAN CASSEROLE:** GREEN BEANS, WATER, CASHEW NUTS, SHIITAKE MUSHROOMS, CRISPY ONIONS (ONIONS, ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUNFLOWER SAFFLOWER OIL AND/OR CANOLA OIL, SEA SALT), YELLOW ONION, MUSHROOM BASE (SAUTÉED MUSHROOMS, MALTODEXTRIN, CORN OIL, SALT, WATER, YEAST EXTRACT, CANE SUGAR, ONION POWDER, NATURAL FLAVOR) CORN STARCH, CULTURED DEXTROSE, SEA SALT, GARLIC POWDER, DRIED MARJORAM, BLACK PEPPER. ALLERGEN: TREE NUT (CASHEW), WHEAT.

**ORGANIC STUFFING:** ORGANIC CHICKEN STOCK (WATER, ORGANIC CHICKEN BASE [ORGANIC COOKED CHICKEN MEAT AND ORGANIC CHICKEN STOCK, SEA SALT, ORGANIC RAW CANE SUGAR, ORGANIC CHICKEN FAT, ORGANIC ONION, ORGANIC TURMERIC, ORGANIC CELERY SEED, ORGANIC BLACK PEPPER]), ORGANIC SOURDOUGH BREAD (ORGANIC UNBLEACHED WHEAT FLOUR, WATER, ORGANIC WHOLE WHEAT FLOUR, SEA SALT, ORGANIC GLUTEN, ORGANIC ENZYMES, ORGANIC CULTURED WHEAT STARCH, VITAMIN C [IN TRACE AMOUNTS]), ORGANIC ONION, ORGANIC CELERY, ORGANIC UNSALTED BUTTER (ORGANIC PASTEURIZED CREAM [MILK]), ORGANIC REFINED CANOLA OIL, ORGANIC GARLIC, ORGANIC PARSLEY, SEA SALT, ORGANIC SAGE, ORGANIC ROSEMARY, ORGANIC BLACK PEPPER.

**ORGANIC MASHED POTATOES:** ORGANIC RUSSET POTATOES, ORGANIC MILK (GRADE A ORGANIC MILK, VITAMIN D3), ORGANIC UNSALTED BUTTER (ORGANIC PASTEURIZED CREAM [MILK]), ORGANIC CORN STARCH, SEA SALT.

**ORGANIC TURKEY GRAVY:** ORGANIC TURKEY BONE BROTH CONCENTRATE (WATER, ORGANIC TURKEY BONES, ORGANIC ONIONS, ORGANIC CARROTS, ORGANIC CELERY, ORGANIC PARSLEY, ORGANIC APPLE CIDER VINEGAR, ORGANIC BLACK PEPPER, ORGANIC BAY LEAF, SEA SALT), WATER, ORGANIC UNSALTED BUTTER (ORGANIC PASTEURIZED CREAM [MILK]), ORGANIC UNBLEACHED MALTED FLOUR (ORGANIC WHEAT FLOUR, ORGANIC MALTED BARLEY FLOUR), ORGANIC CORN STARCH, ORGANIC GRANULATED GARLIC, SALT, ORGANIC SAGE, ORGANIC WHITE PEPPER, ORGANIC DRIED THYME.

**ORGANIC CRANBERRY SAUCE:** ORGANIC CRANBERRIES, ORGANIC ORANGE JUICE, ORGANIC CANE SUGAR, ORGANIC ORANGE GRANULES (ORGANIC ORANGES).

**HOUSE ROASTED GREEN BEANS:** GREEN BEANS, WILD GARLIC MARINADE [CANOLA OIL, SALT, PALM FAT, HERBS (WILD GARLIC, SAGE, PARSLEY), SPICE EXTRACTS, ONION POWDER, SPICES].

**HOUSE ROASTED SWEET POTATOES:** SWEET POTATOES, THAI MARINADE [CANOLA OIL, SALT, DEHYDRATED VEGETABLES (ONION, BELL PEPPER, LEEK), PALM FAT, NATURAL FLAVORS, SPICES (CONTAINS TURMERIC), ONION POWDER, SPICE EXTRACTS].

**FAMILY SIZE VEGAN CAESAR SALAD:** [VEGAN CAESAR DRESSING (AVOCADO OIL, WATER, WHITE MISO (SOY) PASTE [WATER, SOYBEANS, RICE, SEA SALT, ALCOHOL], RED WINE VINEGAR, DIJON MUSTARD [DISTILLED VINEGAR, WATER, MUSTARD SEED, SEA SALT, WHITE WINE, CITRIC ACID, TURMERIC, SPICES], PEA PROTEIN ISOLATES, WORCESTERSHIRE SAUCE [APPLE CIDER VINEGAR, SOY SAUCE {WATER, SOYBEANS, WHEAT, SALT}, WATER, MOLASSES, AGAVE NECTAR, SEA SALT, LEMON JUICE CONCENTRATE, TAMARIND, GINGER, GARLIC POWDER, XANTHAN GUM, SHIITAKE MUSHROOMS POWDER, ALLSPICE, RED PEPPER, ORANGE EXTRACT, CLOVES, NATURAL SMOKE FLAVOR, LEMON EXTRACT], SALT, LEMON JUICE CONCENTRATE, GARLIC, MUSTARD FLOUR, XANTHAN GUM, SPICES, ONION POWDER, GARLIC POWDER), GRAPE TOMATOES, KALE, ROASTED SALTED CHICKPEAS (CHICKPEAS, HIGH OLEIC OIL [CONTAINS CANOLA AND/OR SUNFLOWER, AND/OR SAFFLOWER OIL]), SEA SALT), DAIRY FREE PARMESAN (WATER, PALM FRUIT OIL, MODIFIED POTATO STARCH, EXPELLER PRESSED CANOLA OIL, NATURAL FLAVORS [CONTAINS AUTOLYZED YEAST], VEGETABLE GLYCERIN, LESS THAN 2% OF: SEA SALT, CALCIUM PHOSPHATE, BAMBOO FIBER, SODIUM PHOSPHATE, CARRAGEENAN, LACTIC ACID, NUTRITIONAL YEAST, ORGANIC CHICKPEA MISO (SOY) [ORGANIC HANDMADE RICE KOJI, ORGANIC WHOLE CHICKPEAS, SEA SALT, WATER, KOJI SPORES], SUNFLOWER LECITHIN, CITRIC ACID)], STICKY SESAME CHILI TOFU [ORGANIC SUPER FIRM TOFU] [WATER, ORGANIC SOYBEANS, LESS THAN 2% OF MAGNESIUM CHLORIDE, CALCIUM SULFATE], KOREAN BBQ MARINADE [CANOLA OIL, SUGAR, SPICES (CONTAINS PAPRIKA, TURMERIC), GARLIC POWDER, SOY SAUCE POWDER (SOY SAUCE (SOYBEAN, SALT, BRANDY VINEGAR) MALTODEXTRIN, SALT), SALT, DEHYDRATED CHILI, SAKE, ONION POWDER, PALM FAT, SPICE EXTRACTS, BLUE FENUGREEK CONTAINS: SOYBEAN], GOLDEN BROWN SUGAR [REFINED CANE SUGAR, NATURAL SUGAR SYRUP]], ORG PETITE GREENS [ORGANIC BABY GREEN LEAF LETTUCE, ORGANIC BABY KALE, ORGANIC BABY SPINACH], RED ONIONS.